

Tuesday, 1 March 2016

PRESS RELEASE

Mid and South Essex Success Regime - latest progress and start of discussions

The Mid and South Essex Success Regime has today (1 March) issued an update on work to date. A stakeholder briefing, outlining areas for service change is available online. Over the coming weeks and months more detail will follow to develop options.

The three main areas that may involve service changes are:

- Faster progress towards joined up health and social care based around localities
- More collaboration and shared services across the three main hospitals in Basildon, Chelmsford and Southend
- Changes in urgent and emergency care in line with national recommendations.

The other three areas involve simplifying commissioning and contractual arrangements, developing the healthcare workforce and improving IT and access to shared care records. The intention is to have clinically sustainable services in financial balance by 2018/19.

Dr Ronan Fenton, Medical Director of Mid Essex Hospital Services NHS Trust leads the Clinical and Professional Leaders Group, which includes lead clinicians from all of the NHS organisations in mid and south Essex and public health and social care professionals from Essex County Council, Southend-on-sea Borough Council and Thurrock Council.

Said Dr Ronan Fenton;

"The Success Regime provides the programme structure and support for our organisations to work together to get the best of modern healthcare to local people.

"This is our opportunity to put services in mid and south Essex at the leading edge of health and social care. This is the chance for clinicians and staff to do what they believe in and have the potential to achieve – safer, more effective, more compassionate care for patients.

"If we don't change, the current estimated deficit across mid and south Essex could rise to £216 million by 2018/19; and we would not be able to meet year on year growing demands.

"New technologies and treatments are making it possible to do more for people without the need to be in an expensive hospital, even in some crisis situations. Our challenge is to make organisational changes as quickly and as smoothly as possible to put the system back into balance in 2018/19 and deliver the best joined up and personalised care for patients."

From now until September there will be opportunities for staff, clinicians and local people to get involved in developing options for consultation. Consultation on options for proposed changes is likely in the autumn.

The stakeholder briefing, *Mid and South Essex Success Regime: A programme to sustain services and improve care* is available for download at http://castlepointandrochfordccg.nhs.uk/success-regime

Notes to editors

- 1. Five examples of ways in which change is improving care for patients:
 - More emphasis on helping people to stay well and tackling problems at an earlier stage to avoid crises.
 - Joined up health and care services to provide more care for people at home and in the community, avoiding the need for a visit to hospital.
 - New technologies and treatments to do more for people without the need to be in hospital, even in a crisis.
 - When people do need the specialist care that only a hospital can provide, collaboration between hospitals and other services will ensure the best possible clinical staff and facilities.
 - By reconfiguring some hospital services, the improvements in staffing levels and capability will mean safer, more effective, more compassionate care for patients.
- 2. The Mid and South Essex Success Regime is currently one of three such programmes concentrating on areas in the country where there are deep-rooted, systemic pressures. It is overseen jointly by a tripartite of national organisations NHS England, NHS Trust Development Authority and Monitor, which looks after NHS Foundation Trusts. The other two Success Regimes are in Devon and Cumbria.
- 3. The Mid and South Essex Success Regime involves the following main organisations:

Service providers

Basildon and Thurrock University Hospitals NHS Foundation Trust East of England Ambulance Service NHS Trust Mid Essex Hospital Services NHS Trust NELFT NHS Foundation Trust North Essex Partnership University NHS Foundation Trust Provide Southend University Hospital NHS Foundation Trust South Essex Partnership University NHS Foundation Trust

Clinical commissioning groups (CCGs)

Basildon and Brentwood Castle Point and Rochford Mid Essex Southend Thurrock

Local authorities:

Essex County Council Southend-on-sea Borough Council Thurrock Council

- 4. The Success Regime is part of the NHS Five Year Forward View, which is a blueprint for the NHS to take decisive steps to secure high quality, joined-up care. The Success Regime offers an important opportunity for mid and south Essex by bringing management and financial support to local delivery and helping to unblock any barriers to change.
- 5. Local clinicians, supported by managers, will drive change with the involvement of partners and local people.
- 6. The work programmes will be governed locally through a System Leaders Group, led by an independent chair, and a number of working groups involving all of the local statutory health and care organisations. The independent chair is Dr Anita Donley, a consultant physician in acute medicine at Plymouth Hospitals NHS Trust and clinical vice-president of the Royal College of Physicians.
- 7. For further information, please e-mail england.mediahub@nhs.net or call 0113 825 3231.
- 8. For further background on the Mid and South Essex Success Regime, please visit http://castlepointandrochfordccg.nhs.uk/success-regime